

# Top tips to stay safe online

- 1. Do not post or give out any personal information that could identify you.**
  - This includes your name, your address and pictures or links to your school
  - Don't post details of where you're going to be at particular time
  - Make sure you use the security and privacy features on your social networks, so you only share what you want with who you want.
- 2. Don't arrange to meet anyone you're only ever met online.**
  - You can:
    - Say - No
    - Tell – Tell your trusted adult
    - If your trusted adult says you may go, take them with you and meet in a public place
- 3. Learn how to block and report people on every chat app. you use.**
  - You should:
    - Only add people you know in the real world
    - Don't get involved in online arguments. Once it's said online it can be there forever
    - Don't join in with online bullying just because others do it, be the better person
    - Use an avatar as your profile pic, rather than a photo of you
    - Only post comments and photos/videos you'd be happy for your parents to see
- 4. Don't open emails from people / places you don't know.**
  - Remember:
    - Only give out your email address to people you know or on official forms
    - If you're not sure have a second disposable email address for spam, you can always change it to your 'personal' address later
    - Many viruses, malware and ransomware and other and similar files are spread by emails
    - Phishing and scam emails are extremely common, if it sounds too good to be true it probably is
- 5. Keep your device secure with the latest security updates and virus protection.**
  - The latest anti-virus software with the latest virus definitions is essential. This includes everything that connects to the internet like your computer, tablet or phone.
- 6. Suspicious or abusive activity on the internet can be reported by the following methods:**
  - [www.IWF.org](http://www.IWF.org) (Illegal websites) [www.ceop.police.uk/Ceop-Report](http://www.ceop.police.uk/Ceop-Report) (advice and make a report)
  - [www.beatbullying.org](http://www.beatbullying.org) (anti bullying)
- 7. Advice for parents and children is available from the following:**
  - [www.ceop.police.uk/safety-centre](http://www.ceop.police.uk/safety-centre) - [www.getsafeonline.org](http://www.getsafeonline.org) - [www.commonsensemedia.org](http://www.commonsensemedia.org) (what's good/safe to see and do; [www.vodafone.com/content/parents.html](http://www.vodafone.com/content/parents.html) (for parents)
  - [www.parentport.org.uk](http://www.parentport.org.uk) (for parents) [www.childnet.com](http://www.childnet.com) (general advice).